



NORWICH

For This Time of Your Life!

Do You?

**Enjoy meeting others in
an informal atmosphere?**

**Like to learn, or enjoy
various leisure activities?**

**Have a skill or hobby you
would like to share?**

*If you've answered 'Yes' to any
of the above questions,
you should join*

U3A Norwich

*U3As cater for those no longer
in full time employment*

*Most activities take place
during the daytime*

2009/2010

Groups you could join include:

Study Groups

Antiques

Antiques and Collectables

Architecture

Art Appreciation

Looking at Modern Art

Art & Craft

Italic Handwriting

Exploring Art History

Water Colour Painting

Photography

Discussion Groups

Genealogy

History

Aspects of History

Medieval Norwich

Recording Memorial

Inscriptions

Studying Artefacts

The Glorious Revolution

Language & Culture

French

Italian

Latin

Spanish

Literature

Amazing Writing

19th Century Novel

Biography

Book a Month

Classical Studies

James Joyce

Play Reading

Poetry

The Bible as Literature

Music

U3A Singers

Jazz & Rock Appreciation

Philosophy for Fun

Science

Curiosity Club

Science & Religion

Writing

Creative Writing

Postal Writing Groups

Activity Groups

Computing

E-mail

Personal Computing

Cycling

Fair Weather Cycling

Films and Theatre

Games & Sports

Bowls

Bridge & Chess

Cryptic Crosswords

Pitch & Putt

Rummikub

Scrabble

Tenpin Bowling

Indoor Tennis

Table Tennis

Gardening

Gardening Club

Garden Visiting Group

Travel

Travel & Tourism Group

Walks

5-6 Mile Walking

Long Distance Walkers

Norwich Interest Rambles

Pub Walks (4 Groups)

Wednesday Walkers

Well-Being & Health

Swim & Chat

Yoga

Social Groups

Friends

Friends of U3A Norwich

Social

Chat/Coffee Mornings

Monthly Sunday Lunches

Occasional Lunch Group

Tea & Chat

Visits

Coach Outings

Miscellany

What is U3A?

Founded in Paris, the concept of U3A (or University of the Third Age) quickly spread internationally. Each country developed in a manner best suited to itself.

In the UK the term 'University' means "coming together for the pleasure of learning". Most U3A groups are held in members' homes, which limits size but enhances individual participation. However, by their very nature some of the groups use local facilities or enjoy walks in the area.

Why Third Age?

This is generally regarded as the age of retirement and day-time leisure. Today it includes many who have decided to retire early. Third Agers often have a wealth of knowledge, skills and experience which can be shared with others. U3As cater for those no longer in full-time employment.

About the U3A in Norwich

It has no political or sectarian bias and is non-profit making. Each study/activity group is led by a coordinator who may be a specialist in a particular field or simply act as a convener with everyone learning together.

Groups decide for themselves how they study. Coordinators give their services without payment but at some meetings a small charge is made to cover hire or rental charges, etc., as they arise.

For those who may find it difficult to attend meetings, lifts can often be arranged with other members of that group.

Membership Cost

There is an annual subscription charge, currently £15. All group participants **MUST** be members of the main body. For more information, please complete and return the attached form (back page).

Alternatively,

call 01603 262936 or 01493 700960;

email: u3anorwich@gmail.com

or visit our website: www.u3anorwich.org

Monthly Meetings

Each month we invite a guest speaker along to give us a talk on his or her chosen subject of interest. You will see from the programme that the topics are many and varied.

Anyone is very welcome to attend any or all of the talks; a small charge is made to non-member visitors to help cover expenses.

Mostly held in the Noverre Suite at the Assembly House, Theatre Street, Norwich, talks commence at 2.00pm, **normally** on the third Wednesday of the month. There is wheelchair access.

We would be delighted to see you at one of our meetings. If you are not already a U3A member, it would be the ideal opportunity for you to discuss the many other group educational and leisure activities offered.

A full meetings programme and an outline list of group activities are detailed in this leaflet.

To obtain a Programme for 2009/2010, and for more information about U3A Norwich;

Telephone 01603 262936 or 01493 700960

Email: u3anorwich@gmail.com

Alternatively, please visit our website:

www.u3anorwich.org

Or complete and return the form overleaf.

Monthly Meeting Arrangements

Venue: Usually in The Noverre Suite,
Assembly House, Theatre Street, Norwich.

Time: Normally the Third Wednesday of each month at 2.00pm. Doors open at 1.30pm.

Cost: Free to members (£2.50 for each visitor)

2009 - 2010 Programme of Meetings

- 16 September**
Light Fantastic *Stephen Ashworth*
- 28 October**
(This is not the 3rd Wednesday)
Superstition & Witchcraft *Stuart Bowell*
- 18 November**
AGM, followed by tea & biscuits *Members Only*
- 2 December (Music Room - Not the Noverre)**
(This is not the 3rd Wednesday)
East Anglia's Childrens' Hospices
Jessica Hiscocks
- 20 January**
Norwich, The Changing City *Neil Storey*
- 17 February**
Phenology, Is Spring Getting Earlier?
Dr Tim Sparks
- 17 March**
Hans Christian Anderson *Geoffrey Hodson*
- 21 April**
Horatio Lord Nelson *Mark Mitchels*
- 19 May**
Images of Norfolk *David Boulton*
- 23 June**
(This is not the 3rd Wednesday)
Hampton Court Palace *Robert Fromow*
- 21 July**
Title tba *Clive Paine*
- 18 August**
The Great Hospital *Barbara Miller*

**Please send me more information
about U3A Norwich**

Dr / Mr / Mrs / Miss / Ms / Other

Surname:

Forename:

Address:

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Post Code:

Telephone:

Email:

How did you first hear about U3A Norwich?

- | | |
|--|--|
| <input type="checkbox"/> Friend or relation | <input type="checkbox"/> Local Press |
| <input type="checkbox"/> Local Library | <input type="checkbox"/> Local Post Office |
| <input type="checkbox"/> Exhibition | <input type="checkbox"/> The Forum |
| <input type="checkbox"/> Promotional Leaflet | <input type="checkbox"/> Website |

Other (please state briefly)

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Please return the completed form to:

U3A Norwich Enquiries
36 Friars Quay,
Norwich NR3 1ES