

Swimming Pool Programme

Monday

05.30 – 07.00	Clubs	50m
07.00 – 07.30	Clubs	50m (4 lanes)
07.00 – 07.30	Gold & Silver cardholders	50m (4 lanes)
07.30 – 09.00	General swimming	50m
09.00 – 09.40	Closed for changeover	
09.40 – 21.40	General swimming	25m Shallow
09.40 – 17.00	General swimming	25m Deep
17.00 – 19.30	Clubs	25m Deep
19.30 – 21.40	General swimming	25m Deep

Tuesday

06.30 – 07.30	Gold & Silver cardholders	25m Shallow
07.00 – 07.30	Gold & Silver cardholders	25m Deep & Shallow
07.30 – 21.40	General swimming	25m Shallow
07.30 – 17.00	General swimming	25m Deep
17.00 – 19.00	Clubs	25m Deep
19.00 – 21.40	General swimming	25m Deep

Wednesday

05.30 – 07.00	Clubs	50m
07.00 – 07.30	Clubs	50m (4 lanes)
07.00 – 07.30	Gold & Silver cardholders	50m (4 lanes)
07.30 – 09.00	General swimming	50m
09.00 – 10.00	Closed for changeover	
10.00 – 21.40	General swimming	25m Shallow
10.00 – 21.40	General swimming	25m Deep

Thursday

06.30 – 07.30	Gold & Silver cardholders	25m Shallow
07.00 – 07.30	Gold & Silver cardholders	25m Deep & Shallow
07.30 – 21.40	General swimming	25m Shallow
07.30 – 17.00	General swimming	25m Deep
17.00 – 21.40	Clubs	25m Deep

Friday

05.30 – 07.00	Clubs	50m
07.00 – 07.30	Clubs	50m (4 lanes)
07.00 – 07.30	Gold & Silver cardholders	50m (4 lanes)
07.30 – 09.00	General swimming	50m
09.00 – 09.40	Closed for changeover	
09.40 – 21.40	General swimming	25m Shallow
09.40 – 17.00	General swimming	25m Deep
17.00 – 21.00	Clubs	25m Deep
21.00 – 21.40	General swimming	25m Deep

Saturday

06.30 – 09.00	Clubs	50m
09.00 – 11.00	General swimming	50m (4 lanes minimum)
11.00 – 11.40	Closed for changeover	
11.40 – 13.00	Splash family session	25m Shallow
11.40 – 21.40	General swimming *	25m Deep
13.00 – 21.40	General swimming *	25m Shallow

* Galas as advertised will affect the above sessions (please see noticeboards and website)

Sunday

07.00 – 07.30	Gold & Silver cardholders	25m Deep & Shallow
07.30 – 17.30	General swimming	25m Shallow
07.30 – 17.30	General swimming	25m Deep
17.30 – 18.10	Closed for changeover	
18.10 – 21.40	Clubs	50m (4 lanes maximum)
18.10 – 21.40	General swimming	50m (4 lanes minimum)