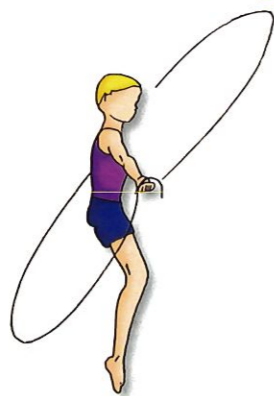
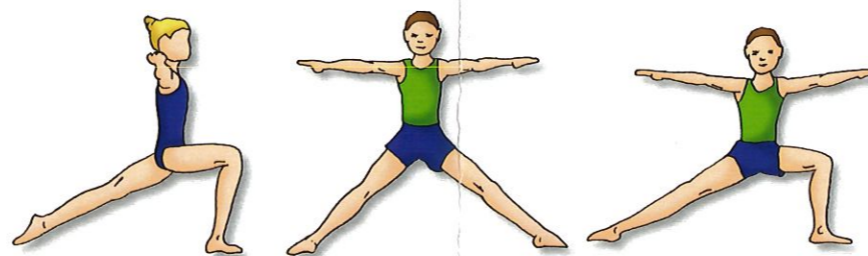


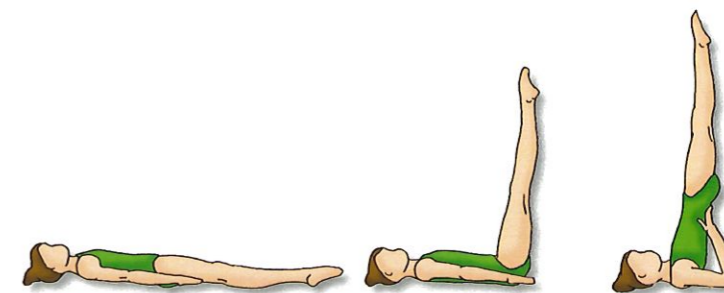
# proficiencyawards



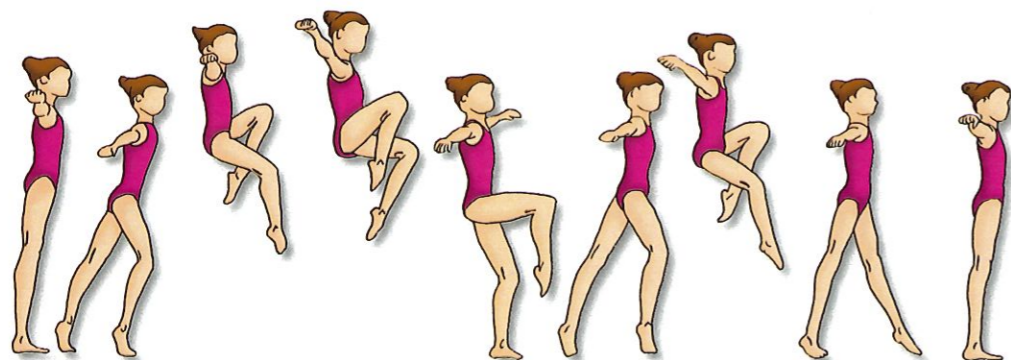
Skip for 30 seconds



Low lunges with both legs – forwards and sideways



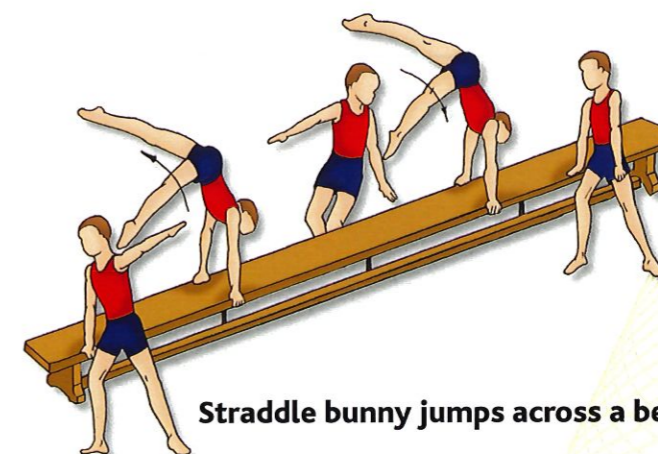
Shoulder stand with hips supported



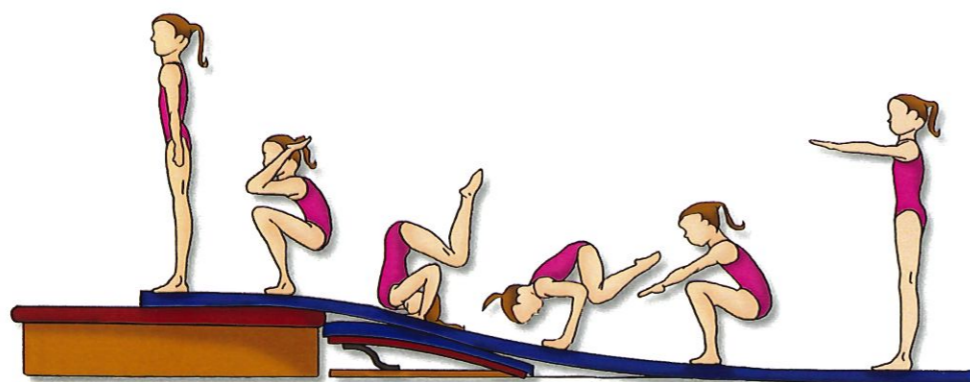
Cat leaps, 2 times, each leg



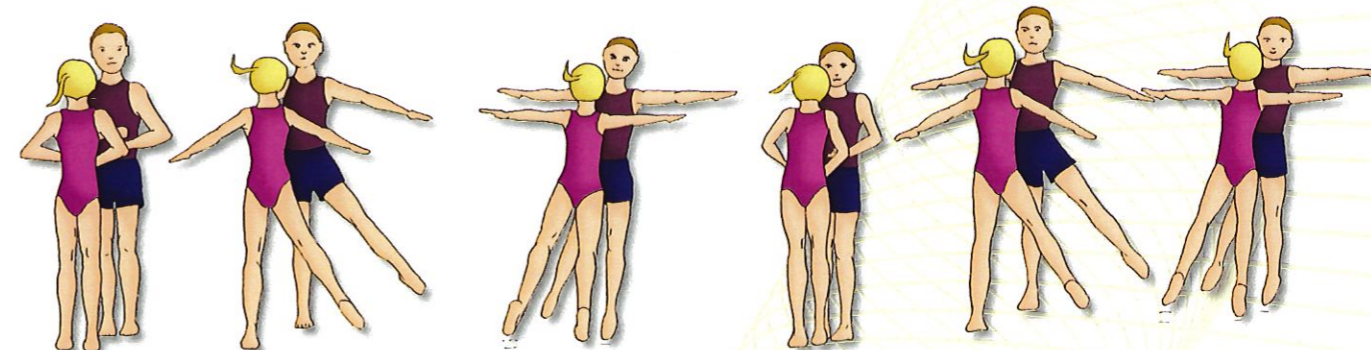
Frog balance



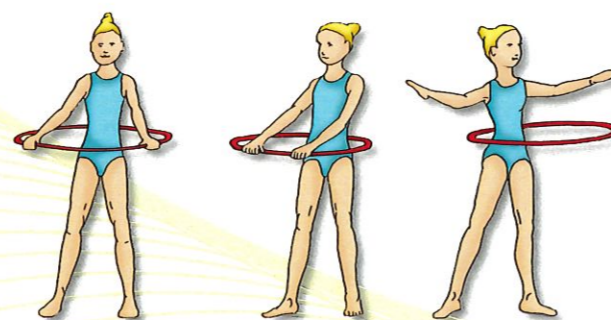
Straddle bunny jumps across a bench side-to-side



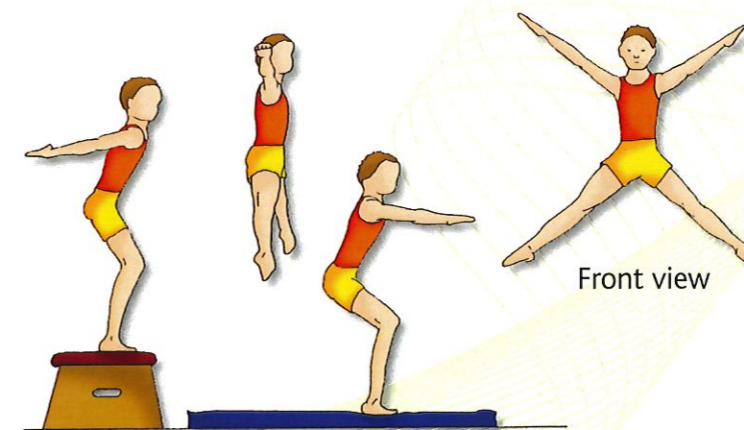
Tucked backward roll down an incline



Chassis steps with arm swing, facing partner



Hoola hooping



From box top – star jump to safe landing

4