

Pre-school Taught Rules

- Recommended one child per Parent/ Guardian ratio (maximum 1 parent to 2 children)
- For safety, Parents/ Guardians are required to supervise their child(ren) at all times during the session
- Please inform the Coach of any injury or illness before the beginning of the class
- No jewellery (child and parent)
- All long hair must be tied back,
- No shoes
- Listen to and follow the instructions from the coach at all times.
- Only one child on a trampoline at a time
- No climbing on the high grey steps and platforms
- No picking/ pulling/ biting of the foam
- Please discourage your children from putting the small hand held equipment in the foam pit
- Please do not enter the gym or go on any apparatus without a coach being present.

These rules have been put in place for the upkeep of the centre but most importantly to keep you and your children as safe as possible whilst participating in this session. Please do not take offences if a coach enforces these rules.