

SPORTS COURSES – 2017

	STARTS W/C	BOOKABLE FROM	DURATION
Early Autumn 2017	11 th Sep	5 th July	6 Weeks
Late Autumn 2017	31 st October	28 th September	6 Weeks

JUNIOR COURSES

ACTIVITY	LEVEL	DAY	TIME	JUNIOR SPORTSCARD	ADULT SPORTSCARD	NON - MEMBER
Climbing 8 – 15 year olds	Improvers	Thursday	18:30-20:15	£43.80	-	£51.60
		Saturday	09:30-11:00			
	Beginners	Thursday	17:00-18:45			
		Saturday	11:00-12:30			
Children's University climbing course Starts week commencing	Beginners / General	Friday	17:00-18:30	£73.00	-	£86.00
Squash		Tuesday	16:20-17:30	£37.80	-	£44.70
Fit Kidz	General	Sunday	11:00-12:00	£31.50	-	£39.30
			16:00-17:00	£31.50	-	£39.30
Freestyle Gymnastics (Juniors & Adults aged 13+) *Participants will need some experience in gymnastics	Experienced	Thursday	20:30-22:00	£54.66	£53.70	£60.66
Pre-School Independent (3-5 year olds)	Pre-school	Monday	13:00-14:15	£35.46	-	£43.56
		Wednesday	12:00-12:45			
		Thursday	12:00-12:45			
Tumbling – Spring Gymnastics (10 – 15 year olds)	All Abilities	Wednesday	18:30-19:30	£35.46	-	£43.56

FAMILY COURSE

Family Climbing Course	Beginners	Saturday	11:00-12:30	£43.80	£43.80	£51.60
All Adults must be accompanied by a Junior on this course						

ADULT COURSES (16+)

ACTIVITY	LEVEL	DAY	TIME	ADULT SPORTSCARD	NON – MEMBER
Badminton Course	General	Thursday	18:40-19:40	£37.80	£44.70
Squash Course	General	Friday	18:20-19:40	£37.80	£44.70
Climbing	Beginners	Monday	18:00-19:30	£43.80	£51.60
		Wednesday	19:30-21:00		
	Improvers	Monday	19:30-21:00		
		Wednesday	18:00 -19:30		

Please note that course prices will be prorated accordingly for 5 week terms. In addition to our 6 week courses, we do offer a year-round programme of junior and adult swimming lessons through our ASA Learn to swim programme. For more details, please pick up a brochure or ask at reception.

To book onto a sports course, please complete a booking form and return to the Sportspark. Booking forms are available at reception or can be downloaded at www.sportspark.co.uk

TASTERS AND DROP-INS

For all drop-ins, please just turn up! To book a taster, please complete a booking form and return to Sportspark. Booking forms are available at reception or can be downloaded at www.sportspark.co.uk

CLIMBING TASTERS

		Early Autumn	Late Autumn	Early Spring	Late Spring	Junior Sportscard	Adult Sportscard	Non Member
Climbing								
Junior 8 – 15 yrs	Saturday 13:00 - 14:30	16.09.2017	04.11.2017	13.01.2018	24.02.2018	£12.25	£12.25	£15.00
Adult 16 +	Saturday 14:30 – 16:00							
Climbing								
Junior 8 – 15 yrs	Saturday 13:00 - 14:30	07.10.2017	25.11.2017	03.02.2018	17.03.2018	£12.25	£12.25	£15.00
Adult 16 +	Saturday 14:30 – 16:00							

DROP – IN SESSIONS

Please refer to our Family and FILL leaflet for details of additional “Fitness in later life” drop-in activities (50+)

ACTIVITY	LEVEL	DAY	TIME	JUNIOR SPORTSCARD	ADULT SPORTSCARD	NON MEMBER
Badminton	Family Drop-in Term time only	Thursday	17:40 – 18:40	£2.25	£2.25	£2.80
	Adult Drop-in	Thursday	19:40 – 21:00	-	£3.50	£4.45
Basketball	Open sessions	Saturday	20:20 – 22:20	-	£2.25	£2.90