

With immediate effect it is of paramount importance that you book your place into your group exercise classes.

This is the only way to secure your place in a class and simply, if you have not booked you will not be granted admission.

The Following system is now in place:

1. No bookings will be taken within 5 minutes of the advertised start time. This is to ensure that the instructor has an up to date register, participants have enough time to place all belongings in a locker and to avoid delays in the start of classes.
Please remember that there are now several methods of booking:
 - On-line at www.sportspark.co.uk
 - Via the kiosks in Reception
 - In person at Reception
 - Via telephone to Reception (available after 10am).
2. Once you attend the class you must then sign against the Instructor's register to confirm your attendance.
3. Please note that if you book and do not attend your class you will NOT receive any refund and, if you are a member, you WILL incur a subsequent charge of the relevant bronze member price.
Therefore it is **essential** that you register your attendance at each session and only book for classes that you know you can attend.
4. If the class has commenced you will not gain entry.

Gold and silver members can cancel their classes up to three hours before the advertised start time. For all other users, the standard facility policies regarding cancellations are in place.

Thank you for your assistance in this matter

Class Booking

Book/Pay for your class via relevant means AT LEAST 5 minutes in advance of start time.



Place ALL personal belongings in a changing-room locker (you will need your own padlock)



Attend class and sign against participant register.



Enjoy class, tidy equipment away safely and leave with a feeling of euphoria!



Tell your friends, book again and come back next week.

No bookings will be accepted within 5 minutes of the advertised start time

No admittance will be allowed once the class has commenced.