



SPRING GYMNASTICS CENTRE COURSES

Our term length courses are open for public booking from Monday 9th December 2019. Courses begin w/c Monday 6th January and finish w/c Monday 24th February 2020.

To book your space visit reception to complete a booking form or for more information email t.nicholson@uea.ac.uk

	9:00		10:00		11:00		12:00		13:00		14:00		15:00		16:00		17:00		18:00		19:00		20:00		21:00	
Monday			Pre School Open Session		Pre School Open Session		Pre School Taught Session		PreSchl Independent Session		Pre School Open Session				Rec schl-7		Rec 8-10		Closed for private hire							
Tuesday			Pre School Open Session		Pre School Open Session		Pre School Taught Session		Pre School Open Session		Home Educator Open Session		Home Educator Taught Session		Improver School -7 years		Improver 8-10 years			Closed for private hire						
															Rec School - 7 years	Rec School - 7 years	Rec 8-10 years	Rec 11-15 years								
															Tumbling Beginners	Tumble Squad										
Wednesday		Pre School Open Session		Pre School Open Session		Pre School Open Session		Pre School Taught Session		PreSchl Independent Session		Inclusive Session			Rec School - 7 years	Rec School - 7 years		Open gymnastics 16+	Closed for private hire							
															Tumbling Beginners	Tumbling Improvers										
														Rec School - 7 years	Rec School - 7 years	Rec 8-10 years										
Thursday			Pre School Open Session		Pre School Open Session		Pre School Taught Session		PreSchl Independent Session		Pre School Open Session				Imp sch-7 Boys		Imp 8-10 Girls		Imp 11-15 Girls		Closed for private hire					
														Imp sch-7 Girls		Imp 8-10 Boys		Imp 11-15 Boys								
														Rec School - 7 years	Rec School - 7 years	Rec 8-10 years										
														Tramp Schl-7 yrs	Tramp 7-15 yrs	Tramp 7-15 yrs	Tramp Improver 12+ years									
														Advanced Group												
Friday	Schools				Schools		Pre School Open Session		Pre School Open Session		Pre School Open Session				Rec School- 7 years		Rec 8-10 years	Closed for private hire								
Saturday			Rec School - 7 years		Rec School - 7 years		Rec 8-10 years							Sports Parties – Gymnastics & Trampolining					Closed for private hire							
	Rec School - 7 years		Rec School - 7 years		Rec 8-10																					
	Tramp Schl-7 yrs		Tramp Schl-7 yrs																							
	Tumbling Beginners		Tumble Squad		Tumble Squad																					