

20 EVENTS IN 2020

Why are we doing this?

A lot has changed since our opening in 2000 but our mission has stayed the same, to be of service, all day, everyday for the community.

To celebrate our 20th anniversary we are hosting 20 EVENTS IN 2020 to reinvigorate our best events from our past, launch new initiatives, highlight community group and celebrate your commitment to Sportspark.





SPECIAL OLYMPICS CELEBRATION

SATURDAY 27 JUNE



Special Olympics is a global organisation that provides year-round sports training and competition to nearly four million children and adults with intellectual disabilities in almost 200 countries.

Special Olympics Norfolk currently has around 60 registered athletes with around 100 training regularly.

In June we welcome Special Olympics Norfolk to our athletics track for their annual competition.



Sports
Science
After 6

FOOTBALL WELCOMES REFUGEES

TUESDAY 21 APRIL



This event is being held to mark 'Football Welcomes', an Amnesty International initiative that celebrates the contribution refugee players have made, and continue to make, to the beautiful game.

The day will focus on a primary schools football tournament with a focus on inclusion and fair play, following on from this there will be showcases from our Sportspark SSE Wildcats, UEA U12's, Walking Football Team.



Hosted by the Mental Health Foundation, Mental Health Awareness Week will take place from 18-24 May 2020.

Sportspark will be supporting this week by having activities to join in with during the dates and sharing important messages from Mental Health Foundation.

Keep your eyes peeled for our activities which will be released closer to the date.

UEA, SPORTS PARK AND YOU

All day every day for the community.

How we plan to continue to serve the community over the next 5-10 years. We are focusing on three main areas:

Broadening participation

We're focused on making the process of participating much easier and more intuitive.



Improving wellbeing

The impact of participation in sports on mental health is known to be incredibly positive.

Serving the community

We have an ongoing commitment to the health and fitness of our students and the wider community and therefore have to maintain a programme of cohesion.



Starlight Walk Norwich

Step out under the stars to raise money for **MACMILLAN** in Norfolk

FRIDAY 19TH JUNE 2020

ITS BACK! The very first starlight walk was organised in 2006 for Macmillan cancer and was a 13 mile walk around the ring road. The event ran until 2015 and raised over £350,000.

To celebrate our 20th anniversary we are bringing the Starlight Walk, this time onto UEA grounds and at a shorter distance of 5 miles.



THE 20 EVENTS

Here is our calendar of events for 2020. These events range from community open days to CPR training and a UEA Alumni Sportsfest!

Some events will be ticketed (shown with a *) and the rest are free for all to attend. More details can be found on our events at www.sportspark.co.uk

= Ticketed events

Email us at sportsparkQuea.ac.uk for more information or visit the website.



20 EVENTS IN 2020

JANUARY

SPORTS SCIENCE AFTER 6

TUESDAY 28 JANUARY 6PM ★

ARCHIVE EXHIBITION

WEDNESDAY 29 JANUARY **JULY**

SUMMER GRADUATION 2020

COMMENCING WEDNESDAY 15 JULY



FEBRUARY

THIS GIRL CAN ROLLER DISCO

SATURDAY 8 FEBRUARY THIS GIRL CAN

AUGUST

SPLASH FAMILY FUN WEEKENDS I AM TEAM GB OPEN DAY

AUGUST BANK HOLIDAY

MARCH

BUCS CONFERENCE CUP FINALS DAY

> WEDNESDAY 11 MARCH



SEPTEMBER

SPORTS SERIES, HELP FOR HEROES

> SUNDAY 13 SEPTEMBER

SPRING CLUB EXHIBITION

> SUNDAY 27 SEPTEMBER ★

APRIL

NORWICH BIG WEEKEND

SATURDAY 4 APRIL ★ FOOTBALL WELCOMES REFUGEES

> TUESDAY 21 APRIL

OCTOBER

RESTART A HEART DAY

> FRIDAY 16 OCTOBER

FITNESS IN LATER LIFE OPEN DAY

> TUESDAY 20 OCTOBER

MAY

UEA ALUMNI SPORTSFEST

ALL WEEKEND SATURDAY 2 MAY MENTAL HEALTH AWARENESS WEEK

> STARTS MONDAY 18 MAY

NOVEMBER



ALL MONTH LONG



JUNE



∭ FRIDAY 19 JUNE ★ SPECIAL OLYMPICS CELEBRATION

SATURDAY 27 JUNE **DECEMBER**



FUTURISTIC OPEN DAY

MONDAY 28 DECEMBER