

# SPACING // SPOTLESS // SPECIFIC // SPIRITED

## IN SPRING GYMNASTICS

### SPACING



Thank you for:

- Only attending site when you have pre-booked a session.
- Adhering to queuing and one way systems at all times.
- Minimising time on site (arrive at your start time and leave immediately afterwards).
- Keeping to the marked spaces.
- Only attending with one adult (please avoid bringing other family members whenever possible).

### SPOTLESS



Thank you for:

- Washing/sanitising your hands on entry and regularly during your session.
- Wearing clean shoes and gymnastic attire.
- Using the toilet before coming to the venue.
- Bringing your Sportscard to reduce the use of touch-points

### SPECIFIC



Thank you for:

- Only using liquid chalk of over 70% isopropyl alcohol content.
- Understanding that there will be no hands-on coaching.
- Listening and following all of your coaches instructions.
- Ensuring all children are aware of the importance of following our new procedures.

### SPIRITED



Thank you for:

- Not attending if you or anyone in your household has symptoms of Covid-19
- Telling us if you become unwell whilst at Sportspark
- Cancelling your session if you can no longer make it
- Being patient, kind and respectful
- Following all guidance

THANK YOU