

Return of Open Sessions (Walking – School age)

We are looking forward to seeing you all back in the Gymnastic Centre soon but, in order to make it as safe as possible, we will need to approach re-opening with specific procedures put in place.

The team have deep cleaned the entire building, including all of the Gymnastic Centre and equipment. Even though the foam pit will initially be out of use, we have even cleared and cleaned that too! We have liaised with our equipment providers to ensure that the cleaning products we use will be effective on all surfaces and we have invested in new state-of-the-art electrostatic cleaners to help disinfect at the end of each day. You will notice hand sanitiser available for use and we ask that all users of the Centre wash or sanitise their hands on entry and exit from the building. Air handling has been adjusted to comply with legislation and also to minimise the risk by utilising fresh air rather than re-circulation. For that reason we would suggest that, on your first session back, you wear a number of layers so that you can adjust as required and understand the most suitable attire for future visits.

These protocols have been developed to ensure that we can re-open our Gymnastic Centre in a safe way for all children and staff. Please adhere to these rules, which are designed to ensure we comply with Government and British Gymnastics guidelines, at all times.

As I hope you can appreciate, due to the social distancing measures in place we are only able to bring back a limited number of Open Sessions at this time. We will endeavour to increase the amount of sessions when safe to do so and keep you informed as and when this becomes possible. Capacities are also reduced and are based on a number of factors including entry and exit routes, air handling systems, equipment availability and floor space. To help us adhere to these please only attend Sportspark when you have pre-booked and have a confirmed booking.

Entry will be via the ground floor, following the Sportspark one-way system. Exit will be via the first floor balcony over Halls 4 and 5 before travelling all the way along then down through the last set of double doors and down the stairs to the reception area. Throughout Sportspark, including the gym, there will be clear markings to highlight queuing and waiting spaces. Please adhere to these at all times.

Children **must be** walking to school age.

Only **15** children will be allowed in to the gymnastic centre at any one time. To stay within the guidelines on capacities set by our governing body it is a 1:1 ratio only i.e. **only one adult** should bring the child to the gym. **No** siblings unless a baby that must

be **in a sling** at all times. Face masks are to be worn by adults unless you are exempt. **Buggies** must be kept to a minimum. There is no viewing at this current time, so we ask that any additional family members etc.. stay in the café area.

We are operating a 2 metre social distancing within the gymnastic centre. It is the adults' responsibility to ensure that this happens at all times whilst in the gym. Unfortunately, if you are unable to follow these instructions, you may be asked to leave the session and it could impact on your ability to attend future sessions.

Please ensure you only attend for your session at the advertised time. Please do not enter the building too early as we must minimise all customer's time on site as far as practical. If you arrive early please wait away from the premises e.g. in your car prior to entering. Please arrive no more than 10 minutes ahead of time.

Please read our 'Thank You For...' etiquette guide and adhere to this at all times and, most importantly, please only attend site if you are completely symptom free.

In order to make everyone's time here as enjoyable as possible, please make sure that you respect your fellow users and Sportspark staff at all times. Adhere to social distancing, be patient, be kind, follow our guidance and remember... this is new for everyone and we are all trying to find our way through these changes together.

We can't wait to see you all again!