

	05.30	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.40			
50m Pool			CITY OF NORWICH SWIM CLUBS						POOL CHANGE OVER 09:00 - 09:40																											
Shallow Pool 25m																																				
Deep Pool 25m																																				
50m Pool																																				
Shallow Pool 25m																																				
Deep Pool 25m				CLUBS 06:45-07:45																																
50m Pool			CITY OF NORWICH SWIM CLUB						POOL CHANGE OVER 09:00 - 10:00																											
Shallow Pool 25m																																				
Deep Pool 25m																																				
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Shallow Pool 25m																																				
Deep Pool 25m				CLUB 06:45-07:45																																
50m Pool			CITY OF NORWICH SWIM CLUB																																	
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Shallow Pool 25m																																				
Deep Pool 25m																																				

Please note that during school holiday periods, this timetable may alter to cater for extra activities and courses. Occasionally, we may also have to close the pool to accommodate club galas. Closure and timetable changes will be advertised on the website.

**Key:**  Public Swimming  Other  Closed

Please note that the deep pool and 50 metre lane swimming sessions are for competent swimmers only - due to the depth of the pool (1.8 metres). The shallow pool will be at a depth of 1.2m unless stated otherwise on the timetable.