



# SPRING GYMNASTICS

Sessions below begin week commencing Monday 5th September 2022. To book, please visit Sportspark reception. For more information, please email [gymnastics.sportspark@uea.ac.uk](mailto:gymnastics.sportspark@uea.ac.uk).

	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
MONDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Taught	Pre Schl - Walking Independent		Rec Schl - 7 yrs	Rec 8 - 10 yrs				
TUESDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Taught	Inc Limited Mobility Open	All Inclusive Springer	Rec Schl - 7 yrs	Tumble Squad				
WEDNESDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open	UEA nursery		Rec Schl - 7 yrs	Rec Schl - 7 yrs	Rec 11 - 15 yrs	Adult Open Gym		
THURSDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Taught	Pre Schl - Walking Independent		Improvers Schl - 7 yrs	Improvers 8 - 10 yrs	Improvers Girls 11 - 15 yrs	Improvers Boys 8 - 15 yrs		
FRIDAY		Pre Schl - Walking Taught	Pre Schl - Walking Independent	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open		Rec 8 - 10 yrs	Tumble Squad				
SATURDAY	Rec Schl - 7 yrs	Rec 8 - 10 yrs	Rec Schl - 7 yrs	Artistic Squad									
		Rec Schl - 7 yrs		Advanced Group									
	Rec Schl - 7 yrs	Rec 8 - 10 yrs											

Please note one adult per two children is permitted for all open and pre-school sessions and two metre social distancing must be followed. Masks must be worn by all adults. Thanks for your cooperation.

**All day every day for the community.**

Sportspark, Norwich Research Park, Norwich, Norfolk, NR4 7TJ