#### BREAKFAST

BREAKFAST SERVED UNTIL 12PM	v Vegan
Sportspark breakfast Pork sausages, grilled bacon, hash brown mushrooms, baked beans, grilled tomato poached or fried eggs	
<b>Vegan breakfast</b> V Vegan sausages, hash browns, grilled ton mushrooms, baked beans, sautéed spinad	
<b>Eggs on toast</b> Scrambled, poached or fried eggs on whit wholemeal toast	<b>£3.20</b> te or
<b>Toast</b> White or wholemeal toast, butter & jam	£1.80
Breakfast roll	
Pork sausages	£4.55
Grilled bacon	£3.20
Vegan sausages v	£3.85
Fried eggs	£3.15

EXTRAS	
Bacon rasher	£0.60
Vegan sausage v	£1.05
Pork sausage	£1.40
Fried egg	£0.70
Baked beans v	£0.30
Hash brown V	£0.45
Grilled tomato v	£0.35
Mushroom v	£0.95
Sautéed spinach V	£0.75

	EAK			
-				

SERVED UNTIL 12PM

English Breakfast £10.00

Sportspark breakfast, white and wholemeal toast w/butter and jam, regular tea or coffee

Vegan Breakfast V

Vegan breakfast, white and wholemeal toast w/butter and jam, regular tea or coffee

Light Breakfast £7.50

Croissant & jam, yogurt fruit & oat cluster pot, fruit or vegetable smoothie, regular tea or coffee

COFFEE*	Regular Large
Espresso	£1.90 £2.10
Americano	£2.20 £2.40
Cappuccino	£2.40 £2.60
Caffe Latte	£2.40 £2.60
Macchiato	£2.00 £2.20
Flat White	£2.10
HOT CHOCOLATE	
Mocha*	£2.80 £3.00
Hot Chocolate	£2.60 £2.90
TEA*	
English Breakfast	£1.70 £1.80
	C1 00 C1 00
Speciality	£1.80 £1.90
*Ask for decaf	

Speciality	£1.80 £1.90
*Ask for decaf	
ICED COFFEE	
Iced Americano	£2.10
Iced Caffe Latte	£2.20
MILKSHAKES	
Livin La Vida Cocoa	£3.95
Chocolate, vanilla, milk  Strawberry Glory	CO OE
Strawberry, vanilla, milk	£3.95
Top Banana	£3.95
Banana, vanilla, milk	
FRUIT SMOOTHIE	
Pash N Shoot Passion fruit, pineapple, ma	<b>£2.80</b>
Berry Go Round	£3.40
Raspberry, strawberry, black	
Strawberry Split	£3.30
Strawberry, banana	
Coco Loco Coconut, mango, pineapple,	£3.30 lime, mint
Melon Refresher	£3.30
Melon, strawberry, mango	
<b>Big 5</b> Pineapple, mango, kiwi, stra	£3.30
Blueberry Thrill	£2.55
Blueberry, raspberry, banan	
VEG SMOOTHIE	
<b>Kale Kick</b> Kale, spinach, mango	£3.30
Detox-Zing	£3.40
Carrot, ginger, courgette, ba	
Avo Go-Go	£3.30
Avocado, mango, spinach, bi ginger, lime	roccoli, coconut,

Please ask your server for allergen information

Allergen advice: Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our products



Espresso Americano Cappuccino Latte Macchiato	£1.90 £2.10 £2.20 £2.40 £2.40 £2.60 £2.40 £2.60	Hot Chocolate TEA	£2.80 £3.00 £2.60 £2.90 £1.70 £1.80 £1.70 £1.80 £1.80 £1.90 Peach & Ginger	Sugar free hazelnut Vanilla Caramel Mint White chocolate	£0.45 £0.45	MILKSHAKES Livin La Vida Cocoa Chocolate, vanilla, milk  Strawberry Glory Strawberry, vanilla, milk  Top Banana Banana, vanilla, milk  ICED COFFEE Iced Americano Iced Latte	£3.95 £3.95	Passion fruit, pineapple, mango  Berry Go Round Raspberry, strawberry, blackberry  Strawberry Split Strawberry, banana	£3.40 £3.30 £3.30	Big 5 Pineapple, mango, kiwi, strawberry, a Blueberry Thrill Blueberry, raspberry, blackberry, flax  VEG SMOOTHIE Kale Kick Kale, spinach, mango  Detox-Zing Carrot, ginger, courgette, banana, blue  Avo Go-Go Avocado, mango, spinach, broccoli, coginger, lime	£3.30 £3.30 £3.30
---	--	-------------------	--	--	----------------	--	----------------	--	-------------------	---	-------------------

#### MAINENU

SOUP SERVED FROM 11AM Homemade soup v w/ciabatta bread	Vegan £3.35
POTATOES  SERVED FROM 11AM  Cajun spiced potato wedges  Jacket potato w/ butter  Skin-on chips v  Sweet potato fries v  Top w/  Baked beans v  Cheddar cheese  Tuna mayo  Thai green chicken curry  Thai green tofu curry v	£3.40 £3.40 £2.75 £3.50 £0.70 £1.40 £2.45 £3.30 £2.75
SALAD  SERVED FROM 12PM  Sportspark salad V  Baby kale, butternut squash, chickpea, quinoa, tomato, red	£5.40
SERVED FROM 12PM  Sportspark salad   O	£5.40
SERVED FROM 12PM  Sportspark salad  Baby kale, butternut squash, chickpea, quinoa, tomato, red onion, olive oil & lemon  Caesar salad	

Garlic bread

Garlic bread w/cheese

PIAITS	Vegan
SERVED FROM 12PM	60.40
Chicken & bacon topper Chicken breast, bacon, cheddar, BBQ sauce, skin-on chips or jack	<b>£9.10</b> ket potato
Thai green tofu curry v Fragrant Thai green curry w/ tofu, vegetables, steamed rice	£8.75
Thai green chicken curry Fragrant Thai green curry w/ chargrilled chicken, vegetables, ste	£10.50 amed rice
Sirloin steak ciabatta British Red Tractor sirloin steak, red onion marmalade, cheddar, ciabatta, skin-on chips or jacket potato	£11.45 toasted
<b>Beer battered fish</b> Beer battered market fish, skin on chips or jacket potato, garden tartare sauce, lemon	<b>£7.50</b> peas,
Sportspark burger	£10.60
Beef burger, bacon, cheddar, pickles, red onion, tomato, toasted skin-on chips or jacket potato	bun,
<b>Beyond Burger</b> Beyond Meat plant-based burger, vegan cheese, pickles, red onice to to a sted vegan bun, skin-on chips or jacket potato	<b>£13.70</b> on, tomato,
Southern fried chicken  Homestyle chicken breast strips, w/BBQ, sweet chilli or garlic maskin-on chips or jacket potato, garden peas or baked beans	<b>£7.30</b> ayo dip,
Ham & Egg Two slices of Norfolk ham, two fried eggs, skin-on chips or jacke	£6.50 t potato
Lasagne al forno Slow cooked beef & tomato sauce, layered with pasta and becharw/garlic bread	£6.90 mel sauce,
Spinach & ricotta tortellini Spinach & ricotta tortellini, tomato sauce, parmesan cheese, bas	<b>£7.90</b> sil pesto
Vegetable lasagne Roasted vegetable & tomato sauce, layered with pasta and bechamel sauce, garlic bread	£6.75

# CHILDREN'S MENU (under 12's) SERVED FROM 12PM Beef burger £5.60 Chicken strips £4.50 Vegan sausage v £3.35 Pork sausage £3.90 Each w/ chips or half a jacket potato, beans or pea or veg sticks Vegetable or beef lasagne £3.25 w/ garlic bread, peas or veg sticks

Please ask your server for allergen information

£2.50

£3.10

Allergen advice: Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our products



Please note: No cash accepted.
Payment accepted by card, smart device or designated apps. Thank you!

#### 

### SPORTSCAFE

BREAKFAST SERVED UNTIL 12PM	v Vegan
Sportspark breakfast Pork sausages, grilled bacon, hash browns mushrooms, baked beans, grilled tomato, s poached or fried eggs	
<b>Vegan breakfast</b> V Vegan sausages, hash browns, grilled toma mushrooms, baked beans, sautéed spinach	
<b>Eggs on toast</b> Scrambled, poached or fried eggs on white wholemeal toast	<b>£3.20</b> or
<b>Toast</b> White or wholemeal toast, butter & jam	£1.80
Breakfast roll  Pork sausages  Grilled bacon  Vegan sausages v  Fried eggs	£4.55 £3.20 £3.85 £3.15

<b>Toast</b> White or wholemeal toast, butter & jam	£1.80
Breakfast roll Pork sausages Grilled bacon Vegan sausages •	£4.55 £3.20 £3.85 £3.15
Vegan sausage v Pork sausage Fried egg Baked beans v Hash brown v Grilled tomato v Mushroom v	£0.60 £1.05 £1.40 £0.70 £0.30 £0.45 £0.35 £0.75
Sportspark breakfast, white and wholemeal toast butter and jam, regular tea or coffee  Vegan Breakfast  Vegan breakfast, white and wholemeal toast w/butter and jam, regular tea or coffee	£8.00

SOUP SERVED FROM 11AM Homemade soup w/ ciabatta bread	V Vegan £3.35
POTATOES  SERVED FROM 11AM  Cajun spiced potato wedges  Jacket potato w/ butter  Skin-on chips v  Sweet potato fries v	£3.40 £3.40 £2.75 £3.50
Top w/ Baked beans v Cheddar cheese Tuna mayo Thai green chicken curry Thai green tofu curry v	£0.70 £1.40 £2.45 £3.30 £2.75

SALAD	
SERVED FROM 12PM	
Sportspark salad V Baby kale, butternut squash, chickpea, quinoa, tomato, red onion, olive oil & lemon	£5.40
Caesar salad Cos lettuce, parmesan, croutons, caesar dressing	£5.40
Top w/	
Chargrilled chicken	£2.55
Grilled tofu 🔍	£2.40
Tuna mayo	£2.45
Norfolk ham	£2.35
Grilled bacon	£1.20
Cheddar cheese	£1.40
SIDES	

Officular Circosc	L11.40
SIDES	
SERVED FROM 12PM	
Side salad V	£2.70
Garlic bread	£2.50
Garlic bread w/cheese	£3.10

MAINS	Vegan
SERVED FROM 12PM	
<b>Chicken &amp; bacon topper</b> Chicken breast, bacon, cheddar, BBQ sauce, skin-on chips or jac	<b>£9.10</b> cket potato
Thai green tofu curry v Fragrant Thai green curry w/ tofu, vegetables, steamed rice	£8.75
Thai green chicken curry Fragrant Thai green curry w/ chargrilled chicken, vegetables, st	£10.50 teamed rice
Sirloin steak ciabatta British Red Tractor sirloin steak, red onion marmalade, chedda ciabatta, skin-on chips or jacket potato	£11.45 r, toasted
<b>Beer battered fish</b> Beer battered market fish, skin on chips or jacket potato, garde tartare sauce, lemon	<b>£7.50</b> n peas,
<b>Sportspark burger</b> Beef burger, bacon, cheddar, pickles, red onion, tomato, toasted skin-on chips or jacket potato	<b>£10.60</b> d bun,
Beyond Burger® v Beyond Meat®plant-based burger, vegan cheese, pickles, red on toasted vegan bun, skin-on chips or jacket potato	£12.40 ion, tomato
Southern fried chicken Homestyle chicken breast strips, w/BBQ, sweet chilli or garlic n skin-on chips or jacket potato, garden peas or baked beans	<b>£7.30</b> nayo dip,
<b>Ham &amp; Egg</b> Two slices of Norfolk ham, two fried eggs, skin-on chips or jack	£6.50 et potato
Lasagne al forno Slow cooked beef & tomato sauce, layered with pasta and bechaw/ garlic bread	<b>£6.90</b> amel sauce
Spinach & ricotta tortellini Spinach & ricotta tortellini, tomato sauce, parmesan cheese, ba	£7.90 sil pesto
Vegetable lasagne Roasted vegetable & tomato sauce, layered with pasta and bechamel sauce, garlic bread	£6.75

## CHILDREN'S MENU (under 12's) SERVED FROM 12PM Beef burger £5.60 Chicken strips £4.50 Vegan sausage v£3.35 Pork sausage £3.90 Each w/ chips or half a jacket potato, beans or pea or veg sticks Vegetable or beef lasagne £3.25 w/ garlic bread, peas or veg sticks

#### Please ask your server for allergen information

Allergen advice: Due to the way our food is prepared it is not possible to guarentee the absence of allergens in our products