



SESSION RULES: DAYTIME DROP-IN SESSIONS

OUR CUSTOMERS WELLBEING AND SAFETY IS OUR TOP PRIORITY. BY ATTENDING ONE OF OUR SESSIONS, YOU AGREE TO THE RULES, TERMS AND CONDITIONS SET OUT BELOW:

ARRIVING & SIGNING IN

- Upon arrival, please sign in or pay for your session at reception
- Do not enter the gymnastics hall until a member of staff lets the session in
- No pushchairs or prams are permitted within the gymnastics hall – they must remain in the viewing area
- We also ask that you leave your session in a timely manner to allow turnaround for the next session

STORAGE OF PERSONAL BELONGINGS

- No outdoor footwear is permitted within the gymnastics hall
- Personal belongings can be stored in the wooden benches within the gymnastics viewing area
- Please keep your personal belongings safe; Sportspark does not accept responsibility for the loss or damage to any personal belongings left unattended on the premises

MEDICAL CONDITIONS

To ensure a safe and inclusive environment for all participants, individuals with the following medical conditions must seek expert advice before participating in activities within our gymnastics setting. This ensures that any necessary reasonable adjustments can be made:

- Pregnancy
- Dwarfism
- Brittle Bones
- Detaching Retina
- Rodded Back
- Down's Syndrome

As a high-performance gymnastics centre with specialised equipment, we are committed to providing a safe and inclusive environment. We have a legal obligation to ensure it is safe for everyone to participate in gymnastics.

Some conditions, such as Dwarfism, Brittle Bones, Detached Retina and Rodded Spine may require medical advice or screening before participation.

Participants with Down's Syndrome must undergo medical screening for Atlanto-Axial Instability prior to participating in any gymnastic activities. This screening must be conducted by a qualified medical practitioner.

All day every day for the community
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SAFE & RESPECTFUL USE OF THE GYMNASTICS CENTRE

- One child per parent/guardian with a maximum of two children to one parent ratio
- Parents/guardians are required to accompany their children around the Centre to assist their children throughout the session • Only one supervising parent in the gym at all times
- For safety, children not yet walking must be in sling and cannot be put down whilst in the gym
- All visitors using the equipment will be responsible/liable for any damage or injury occurring from or as a result of misuse or reckless use
- Parents/guardians are responsible for their own child(ren) and they play at their own risk
- Children must not push, collide, fight, throw/move equipment or behave in a manner likely to injure or cause distress to others
- Children should refrain from climbing the grey steps up to the platforms and going on the high bars
- No small hand equipment in the foam pit
- No somersaults are permitted within the sessions as this may result in serious injury
- Adults are also not permitted to play on the kit during these sessions, we encourage you to come along to one of our Adult Gym sessions if you would like to give it a go!
- No shoes or jewellery to be worn during the session
- We recommend sportswear to be worn in the centre
- Coaches should be informed of any injuries/illnesses prior to the session start time
- In structured sessions, listen and follow instruction from qualified coaches
- Do not enter the gym or use any of the apparatus without a qualified coach present

TRAMPOLINES

- Only one child per trampoline is permitted at any one time
- No adults allowed on the trampolines

TOILET FACILITIES

- We have a toilet inside of the gymnastics hall, as well as the accessible toilet (with baby changing station) in the entrance corridor
- You will also find toilets within our male & female changing rooms, as well as upstairs on the viewing gallery

FOOD & DRINK

- No food/drink is permitted in the gym

PHOTOGRAPHY

- Is permitted after signing in the photography folder upon entrance into the gymnastics hall; please be respectful to other families and try get pictures/videos containing your own child(ren) only

FINAL NOTE

- Whilst we have tried to make your visit with us as safe as possible, you enter and use our facilities at your own risk
- If you do not agree with this notice fully, you should not enter the session
- Sportspark reserves the right to remove anyone from the session who is not adhering to the rules

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