



SPRING SPORTSPARK TIMETABLE

For more information on sessions, how to book and pricing, visit our website www.sportspark.co.uk or scan the QR code below.

	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
MONDAY		Pre Schl - Open	Pre Schl - Open	Pre Schl - Open	Pre Schl - Taught	Pre Schl Independent		Rec Schl - 7 yrs Trampoline Schl - 7 yrs	Rec 8 - 10 yrs Trampoline 8 - 15 yrs			
TUESDAY		Pre Schl - Open	Pre Schl - Open	Pre Schl - Open	Pre Schl - Taught	Inclusive Walking - 9 yrs		Rec Schl - 7 yrs Beginner Tumbling	Rec Schl - 7 yrs Rec 8 - 10 yrs	Advanced Tumble		Advanced Gym 16+
WEDNESDAY		Pre Schl - Open	Pre Schl - Open	Pre Schl - Open	Pre Schl - Open	Inclusive 8 - 15 yrs		Rec Schl - 7 yrs Beginner Tumbling	Rec Schl - 7 yrs Rec 8 - 10 yrs Beginner Tumbling	Rec 11 - 15 yrs	Adult Open Gym	
THURSDAY		Pre Schl - Open	Pre Schl - Open	Pre Schl - Open	Pre Schl - Open	Pre Schl Independent		Rec Schl - 7 yrs Rec 8 - 10 yrs Improver Schl - 7 yrs	Rec 8 - 10 yrs Improver 8 - 10 yrs	Rec 11 - 15 yrs	Improver Girls 11 - 15 yrs Improver Boys 8 - 15 yrs	
FRIDAY		Pre Schl - Taught	Pre Schl Independent Baby Open*	Pre Schl - Open	Pre Schl - Open	Pre Schl - Open		Rec Schl - 7 yrs Rec 8 - 10 yrs Improvers Tumbling	Rec Schl - 7 yrs Rec 8 - 10 yrs Rec Schl - 7 yrs	Rec 8 - 10 yrs	Advanced Tumble	
SATURDAY	Rec Schl - 7 yrs Trampoline Schl - 7 yrs	Rec Schl - 7 yrs Rec 8 - 10 yrs Trampoline 8 - 15 yrs	Rec Schl - 7 yrs Rec 8 - 10 yrs Trampoline 8 - 15 yrs						Trampoline Schl - 7 yrs Trampoline 8 - 15 yrs	Trampoline 8 - 15 yrs	Trampoline 8 - 15 yrs	Trampoline Adult 16+

*please note these sessions may not always run due to private hire.



Our timetable is subject to change. For the latest schedule, visit our website.

All day every day for the community.
Sportspark, Norwich Research Park, Norwich, Norfolk, NR4 7TJ

