



SPRING SPORTSPARK TIMETABLE

For more information on sessions, how to book and pricing, visit our website www.sportspark.co.uk or scan the QR code below.

	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
MONDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Taught	Pre Schl - Walking Independent		Rec Schl - 7 yrs	Rec 8 - 10 yrs				
TUESDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Taught	Pre Schl - Walking Independent	Inclusive Walking - 9 years		Rec Schl - 7 yrs	Rec 8 - 10 yrs	Advanced Tumble		Adult Gym 16+	
								Beginner Tumbling	Rec 11 - 15 yrs	Artistic Squad			
WEDNESDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Taught	Pre Schl - Walking Open	Inclusive 8-15 years		Rec Schl - 7 yrs	Rec 8 - 10 yrs	Rec 11 - 15 yrs		Adult Open Gym	
								Rec 8 - 10 yrs	Rec 8 - 10 yrs				
								Rec Schl - 7 yrs	Rec 8 - 10 yrs				
								Beginner Tumbling	Improvers Tumbling				
THURSDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Independent		Rec Schl - 7 yrs	Improvers 8 - 10 yrs	Improvers 11 - 15 yrs			
								Rec 8 - 10 yrs	Rec 8 - 10 yrs	Rec 11 - 15 yrs			
								Improvers Schl - 7 yrs					
FRIDAY		Pre Schl - Walking Taught	Pre Schl - Walking Independent	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open		Rec 8 - 10 yrs	Rec 8 - 10 yrs	Rec 8 - 10 yrs	Rec 8 - 10 yrs		
			Baby Open					Rec Schl - 7 yrs	Rec Schl - 7 yrs				
								Improver Tumbling	Rec Schl - 7 yrs	Advanced Tumble			
SATURDAY		Rec Schl - 7 yrs	Rec 8 - 10 yrs	Rec Schl - 7 yrs									
		Rec Schl - 7 yrs	Rec 8 - 10 yrs		Artistic Squad								
			Rec Schl - 7 yrs	Rec 11 - 15 yrs									
	Tramp Rec Schl - 7 yrs	Tramp Rec 8 - 15 yrs	Tramp Rec 8 - 15 yrs		Development Squad								

*please note these sessions may not always run due to private hire.



Our timetable is subject to change. For the latest schedule, visit our website.

All day every day for the community.

Sportspark, Norwich Research Park, Norwich, Norfolk, NR4 7TJ

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Sportspark