

# ATHLETICS TRACK TIMETABLE

**Week commencing Monday 24<sup>th</sup> November 2025.**

| Day       | Time           | Open/Closed      |
|-----------|----------------|------------------|
| Monday    | 08:00 - 18:45  | Open to public   |
| Monday    | 18:45 - 19:45  | Closed to public |
| Monday    | 19:45 - 20:30  | Open to public   |
| Tuesday   | 08:00 - 19:00  | Open to public   |
| Tuesday   | 19:00 - 20:00  | Closed to public |
| Tuesday   | 20:00 - 20:30  | Open to public   |
| Wednesday | 08:00 - 14:00  | Open to public   |
| Wednesday | 14:00 - 16:00  | Closed to public |
| Wednesday | 16:00 - 19:00  | Open to public   |
| Wednesday | 19:00 - 20:00  | Closed to public |
| Wednesday | 20:00 - 20:30  | Open to public   |
| Thursday  | 08:00 - 18:00  | Open to public   |
| Thursday  | 18:00 - 20:00  | Closed to public |
| Thursday  | 20:00 - 20:30  | Open to public   |
| Friday    | 08:00 - 17:00  | Open to public   |
| Saturday  | 08: 00 - 16:00 | Open to public   |
| Sunday    | 08: 00 - 16:00 | Open to public   |